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## 25 Signs Your Pet Could Be In Pain

[Animals are notorious for not showing that they are in pain.](#) They do not want to be vulnerable or show predators that they are weak. The more we know and can evaluate their normal behaviors, the better we can tell when they are exhibiting abnormal behaviors which could indicate pain. This can help us get them help/treat their pain a lot sooner and more completely.

1. Absence of grooming
2. Lameness
3. Difficulty jumping
4. Abnormal gait
5. Reluctance to move
6. Reaction to palpation/touch
7. Hiding
8. Not playing
9. Decreased appetite/anorexia
10. Overall decreased activity
11. Less rubbing/interacting with humans
12. Change of mood/irritability
13. Change in temperament
14. Hunched posture/arched back
15. Shifting of weight
16. Licking specific body part obsessively/self trauma
17. Lower head posture
18. Blepharospasm/involuntary blinking or spasm of eyelids
19. Change in ability to eat/chew or feeding behavior
20. Avoiding bright light/areas
21. Growling
22. Groaning
23. Closed eyes or squinting/heavy eyelids
24. Straining to urinate or defecate
25. Tail twitching